

SUBTYPES

OVERVIEW



SELF-PRESERVATION

Focus of Attention: Material security and personal wellbeing

- What do I need right now to survive and thrive?
- What will give me a sense of security and wellbeing?



SEXUAL (ONE-TO-ONE)

Focus of Attention: Bonding with specific individuals.

- Which person can I connect with here?
- What can I do to make sure we're bonding?



SOCIAL

Focus of Attention: Their place in the wider group.

- What's my role in this group of people?
- Who are all the major players and how does this group function as a whole?